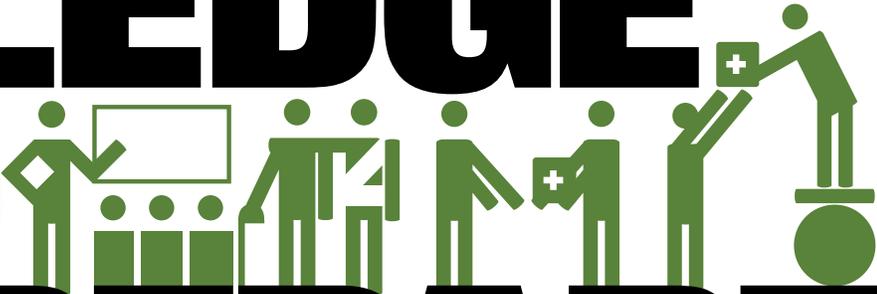


September is National Preparedness Month

PLEDGE to PREPARE



Make a difference for yourself, your community and our nation. Pledge to do one of the following:



Learn your risks and responses



Make a family communications plan



Build an emergency supply kit



Get involved in preparedness in your community

Register at: www.ready.gov/pledge



FEMA


Ready
Prepare. Plan. Stay Informed.®

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UNITING COMMUNITIES
PREPARING THE NATION

What should be included in a basic disaster supplies kit?

A basic emergency supply kit could include the following recommended items:

- Water, one gallon of water per person per day for at least three days, for drinking and sanitation
- Food, at least a three-day supply of non-perishable food.
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Manual can opener for food
- Local maps
- Cell phone with chargers, inverter or solar charger

Once you have gathered the supplies for a basic emergency kit, you may want to consider adding the following items:

- Prescription medications and glasses
- Infant formula and diapers
- Pet food and extra water for your pet
- Cash or traveler's checks and change
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container
- Books, games, puzzles or other activities for children



For a complete list of items, please visit www.ready.gov to download a free [emergency supply checklist](#), email (fema-publications-warehouse@fema.gov), or call 1-800-BE-READY (1-800-237-3239).

How can I develop a family emergency plan?

Preparing a family emergency plan is easy. You can get started by using a free [Family Emergency Plan](#) template available at ready.gov. A Family Emergency Plan can help a family to stay in contact if they are separated during an emergency.

(Source: www.ready.gov)

Local Government Partners in Emergency Preparedness



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