

BISMARCK-BURLEIGH PUBLIC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN 2025-2027



Public Health
Prevent. Promote. Protect.
Bismarck-Burleigh Public Health



TABLE OF CONTENTS

WELCOME LETTER	2
ACKNOWLEDGEMENTS	3
COMMUNITY HEALTH COLLABORATIVE CORE GROUP MEMBERS	3
EXECUTIVE SUMMARY	4
DESCRIPTION OF BISMARCK-BURLEIGH PUBLIC HEALTH	4
DESCRIPTION OF COMMUNITY SERVED	4
EVALUATION OF 2021 COMMUNITY HEALTH NEEDS ASSESSMENT	5
2024 COMMUNITY HEALTH NEEDS ASSESSMENT	2
PURPOSE.....	2
LIMITATIONS OF THE STUDY	3
COMMUNITY & KEY STAKEHOLDER SURVEY.....	4
SURVEY DESIGN AND CONTENT.....	4
STAKEHOLDER ENGAGEMENT	4
PARTICIPATION AND DATA COLLECTION	4
SECONDARY DATA	5
HEALTH NEEDS IDENTIFICATION METHODOLOGY	5
COMMUNITY ASSET MAPPING	6
COMMUNITY HEALTH NEEDS ASSESSMENT KEY FINDINGS	6
TOP CONCERNS IDENTIFIED THROUGH SURVEY	7
COMMUNITY STAKEHOLDERS MEETING	8
PRIORITIZATION OF NEEDS.....	13
2025-2027 BISMARCK-BURLEIGH PUBLIC HEALTH PRIORITIES	14
APPENDIX	15
PRIMARY RESEARCH	
<i>2024 CHNA Survey Template</i>	
<i>2024 Survey Results</i>	
SECONDARY RESEARCH	
ASSET MAPPING	



Welcome Letter

Dear Community Members,

I am proud to share the results of the 2024 Community Health Needs Assessment, a reflection of our community's shared commitment to improving health and well-being for all. This assessment, developed through the collaborative efforts of Bismarck-Burleigh Public Health, Western Plains Public Health, CHI St. Alexius Health, and Sanford Health, provides a comprehensive overview of the key health challenges and opportunities in our region.

This year's findings highlight critical priorities such as mental and behavioral health, healthy living, and access to affordable healthcare. These priorities will guide our efforts to drive sustainable, community-level change, fostering a healthier and more equitable future for everyone.

We extend our heartfelt gratitude to the residents, community stakeholders, and partners who participated in this process. Your insights and dedication have been instrumental in shaping the direction of this report.

Together, we have the power to create meaningful change. I encourage you to explore this report, consider how you can contribute to these efforts, and join us in shaping a healthier tomorrow for Bismarck and Burleigh County.

Sincerely,

Renae Moch, MBA, FACMPE

Renae Moch, MBA, FACMPE
Public Health Director, Bismarck-Burleigh Public Health

Acknowledgements

Bismarck-Burleigh Public Health extends its sincere gratitude to the City of Bismarck's Administration and the City and County Boards of Health for their support throughout the collaborative process of conducting the 2024 Community Health Needs Assessment Survey.

We especially thank Bismarck City Commissioner Anne Cleary and Burleigh County Commissioner Wayne Munson, Public Health portfolio holders, for their active participation and invaluable feedback. Your commitment to this initiative exemplifies the importance of resource efficiency and coordinated efforts to improve the health and well-being of our community.

We would also like to recognize the Burleigh-Morton Community Health Collaborative Core Group Members for their expertise, leadership, and dedication throughout the assessment process. This team successfully led the efforts to complete the Community Health Needs Assessment for Burleigh and Morton Counties, ensuring a thorough and impactful outcome.

Community Health Collaborative Core Group Members

Rena Moch, MBA, FACMPE

Public Health Director
Bismarck-Burleigh Public Health

Erin Ourada, MPH, REHS/RS

Administrator
Western Plains Public Health

Sister Nancy Miller

Director, Mission Integration
CHI St. Alexius Health

Brian Ritter

Head of Market Affairs
Sanford Health

Our heartfelt thanks also go to the community stakeholders and Bismarck-Burleigh Public Health staff members who contributed to the planning, facilitated critical discussions, and played an essential role in prioritizing the needs identified through the assessment process.

Finally, we extend our appreciation to the residents of Burleigh and Morton Counties who participated in the survey and to everyone who supported these efforts in any capacity. Your involvement is integral to shaping a healthier future for all.

Together, we can achieve a healthier, safer community for every resident.

Executive Summary

Bismarck-Burleigh Public Health has developed the 2025-2027 Community Health Improvement Plan (CHIP). This document is rooted in the findings of the 2024 Community Health Needs Assessment (CHNA), which identifies key public health challenges and opportunities for improving the health and wellness of residents in Bismarck and Burleigh County.

The CHIP represents a collective commitment to addressing critical health concerns through targeted strategies, leveraging local assets, and fostering collaboration among diverse stakeholders. The plan outlines the community's top priorities, which include mental and behavioral health, healthy living and disease prevention, and access to affordable healthcare.

This CHIP underscores BBPH's commitment to long-term, community-driven improvements. Through collaborative action, this plan aims to create a healthier future for all residents in Bismarck and Burleigh County.

Description of Bismarck-Burleigh Public Health

Bismarck-Burleigh Public Health (BBPH) operates as a City of Bismarck department and is comprised of the following sections: Health Administration, Health Services, Health Maintenance, Environmental Health, Emergency Preparedness and Response, Nutrition and Health Promotion, Substance Abuse Prevention, Women's Way, and the Business Office. Burleigh County contracts with the City of Bismarck for public health nursing services.

BBPH employs a dedicated team of public health professionals who are committed to safeguarding and improving the health of the community. These professionals work to prevent the spread of infectious diseases, reduce the risks of foodborne illnesses, and promote preventive care to support overall well-being. BBPH emphasizes healthy lifestyles for children, families, and individuals through education, outreach, and direct services.

In addition to promoting preventive health care, BBPH protects the public from environmental and safety threats by preparing for and responding to natural and human-made disasters and emergencies. The department also plays a crucial role in shaping health policies and setting standards to address current and emerging public health challenges within the community.

Description of Community Served

Bismarck-Burleigh Public Health serves the residents of the City of Bismarck and Burleigh County. As the state capital and county seat, Bismarck is a thriving urban center located on the east bank of the Missouri River, directly across from the City of Mandan. Together, Bismarck and Mandan form the core of the Bismarck-Mandan Metropolitan Statistical Area, which has a population of 130,084 as of 2023.

According to the U.S. Census Bureau, Bismarck's population was 73,622 in 2020, while Burleigh County's population was 98,458, with 81% of residents living in urban areas and 19% in rural areas.

Bismarck remains the second most populous city in North Dakota, and both the city and county continue to experience steady population growth. Between 2010 and 2020, Bismarck saw a population increase of 19.9%, while Burleigh County grew by 17.6%, exceeding the state's overall growth rate of 15.8%.

Bismarck is the economic hub of south-central North Dakota, offering extensive retail, healthcare, and educational resources. Higher education institutions such as Bismarck State College, the University of Mary, and United Tribes Technical College are in the area. Bismarck is also home to state and local government offices, the Burleigh-Morton Detention Center, and the North Dakota State Penitentiary. The city's vibrant economy and strong infrastructure make it a key center for business, education, and healthcare in the region.

Evaluation of 2021 Community Health Needs Assessment

Bismarck-Burleigh Public Health and Western Plains Public Health collaborated with CHI St. Alexius Health and Sanford Health to complete a Community Health Needs Assessment in 2021 for the Burleigh-Morton County area. With assistance from NDSU Center for Social Research, a community survey was distributed to Burleigh and Morton County residents.

The survey structure aligned with the social determinants of health and contained a combination of scored responses and open-ended questions. Survey responses were collected between December 2020 and February 2021. A total of 933 of respondents completed the survey. The purpose of the survey of residents was to learn about the perceptions of area residents regarding their personal health, the prevalence of disease, and other health issues in the community. A community health needs assessment identifies the community's strengths and areas for improvement.

Seven health needs were identified by survey responses collected from assessment:

- Healthy Living
- Access to Affordable Health Care
- Access to Health Care Providers
- Mental Health
- Long-term Care
- Public Transportation
- Affordable Housing

These concerns were prioritized by Community Health Stakeholders with 1 being most important and 7 being the least important to address and were ranked as follows:

- 1) Mental Health
- 2) Healthy Living (Chronic Health Issues/Access to Healthy Food)
- 3) Access to Affordable Health Care
- 4) Affordable Housing
- 5) Access to Health Care Providers
- 6) Public Transportation
- 7) Long-term Care

Among these community concerns in 2021, Bismarck-Burleigh Public Health chose the following concerns as priorities to include in the agency’s strategic plan for 2022-2024:

- Mental Health/Behavioral Health & Addiction
- Healthy Living (Chronic Health Issues/Access to Healthy Food)
- Access to Affordable Health Care

Goals and strategies were implemented to address the priorities above through the public health department’s strategic plan. Many of the needs identified in the 2021 survey remain and were again highlighted as needs and priorities in the 2024 Community Health Needs Assessment survey.

2024 Community Health Needs Assessment

Bismarck-Burleigh Public Health and Western Plains Public Health collaborated with CHI St. Alexius Health and Sanford Health to complete a Community Health Needs Assessment in 2024 for the Burleigh-Morton County area. With assistance from NDSU Center for Social Research, a community survey was distributed to Burleigh and Morton County residents.

This section of the report contains information regarding the purpose of the assessment and a description of the surveys and information gathered throughout the survey process. Priorities have been identified and key concerns will be addressed through implementation strategies in the next three years.

Purpose

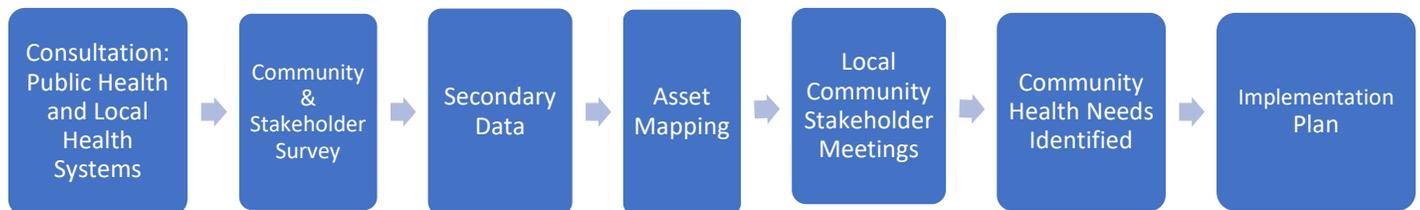
The Community Health Needs Assessment (CHNA) for the greater Bismarck-Mandan area, encompassing Burleigh and Morton counties in North Dakota, aims to provide a comprehensive understanding of the community's health. Through this process, perceptions of personal health, the prevalence of disease, and other key health issues are examined to identify both strengths and areas needing improvement. Findings from the CHNA guide the development of targeted strategies to improve community health and well-being.

This CHNA is a collaborative initiative led by Bismarck-Burleigh Public Health, Western Plains Public Health, CHI St. Alexius Health, and Sanford Health. Together, these organizations align their expertise and resources to address public health challenges, promote innovation, and foster collaboration. The assessment serves as a foundation for developing a community plan of action, ensuring alignment with organizational strategies while addressing the broader needs of the population.

The CHNA also validates the not-for-profit status of participating organizations and creates opportunities to address public health issues from a broad perspective. Ultimately, the CHNA strengthens collaboration across sectors and reinforces a commitment to improving health outcomes for all residents in the Bismarck-Mandan area.

CHNA Process

Bismarck-Burleigh Public Health, in collaboration with Western Plains Public Health, CHI St. Alexius Health and Sanford Health, developed a multi-faceted assessment process designed to identify the health concerns of residents in the Bismarck-Mandan-Burleigh-Morton area. This group coordinated the community survey and stakeholder meeting. Priority health needs for individual implementation plans were identified by each organization, based on current capacities, expertise, strategic alignment, and service areas, among other relevant factors.



Limitations of the Study

The findings of this Community Health Needs Assessment (CHNA) provide a valuable snapshot of the behaviors, attitudes, and perceptions of residents in the greater Bismarck-Mandan area. However, certain limitations should be acknowledged:

1. Mitigation Strategies

To address these limitations, the CHNA employed a multifaceted approach:

- **Diverse Data Sources:** In addition to community surveys, data was collected through meetings with community leaders, analysis of secondary sources (e.g., U.S. Census Bureau, County Health Rankings), and review of public comments from previous assessments.
- **Targeted Communications and Outreach:** Investments were made into a digital campaign promoting the survey, earned media on local news outlets, and additional advertising strategies to targeted demographics. These investments build upon promotions through local health systems and community events, including those listed in the next section.

2. Challenges with Vulnerable Populations

Efforts to include vulnerable populations, such as individuals experiencing homelessness or those with limited English proficiency, were undertaken through direct outreach. For example, BBPH staff completed surveys onsite at *Ministry on the Margins* during food pantry hours, collecting 40 surveys from underserved populations.

3. Survey Process Constraints

Despite these efforts, the limitations inherent in survey-based research, such as response bias and difficulty reaching all segments of the population, remain challenges to fully capturing a complete picture of community health needs.

By acknowledging these limitations and leveraging mitigation strategies, this CHNA aims to present an accurate and inclusive representation of the health needs and priorities of the greater Bismarck-Mandan community.

Community & Key Stakeholder Survey

To assess community health needs, an online survey was conducted in collaboration with health experts and public health officials across the Sanford Health footprint. The survey design was based on the University of Wisconsin Population Health Institute model and aimed to gather insights into the health perceptions and needs of residents.

Survey Design and Content

Community residents were asked to rate various community health drivers on a scale from "poor" to "excellent." Respondents who selected any option other than "excellent" were provided an opportunity to explain their ratings through open-ended comments. Additionally, the survey included questions on:

- Healthcare Access
- Healthcare Quality
- Barriers to Care
- Travel to Care
- Health Insurance Coverage

The survey was distributed to a sample of residents in Burleigh and Morton counties in North Dakota using Qualtrics, a reputable survey vendor. The full set of survey questions is included in the appendix.

Stakeholder Engagement

To enhance community involvement, the survey was also shared with community stakeholders and elected officials who have knowledge and connections to medically underserved, low-income, and minority populations. Stakeholders were encouraged to complete the survey as residents and to share it within their networks to broaden participation. Additional outreach efforts to increase survey involvement are outlined in the "Limitations" section of the report.

Participation and Data Collection

The survey was open from October through December 2023. Surveys were available online and completed by stakeholders and the public with additional efforts made by BBPH to capture surveys from underserved populations. A total of 1,118 respondents from the CHNA area completed the survey, an increase from 933 surveys completed in 2021.

Data Use and Interpretation

Survey findings offer key insights into community health needs but should be reviewed alongside other data sources for a comprehensive understanding. This collaborative and data-rich approach underscores the commitment to accurately identifying and addressing the health priorities of the Burleigh and Morton County communities.

Secondary Data

The County Health Rankings, based on the University of Wisconsin Population Health Institute model, serve as the primary secondary data source for the Community Health Needs Assessment (CHNA). This model provides a comprehensive framework for assessing and comparing community health outcomes and drivers.

Aligning the survey design with the University of Wisconsin Population Health model ensures a stronger connection between primary survey data and secondary data sets, allowing for a more integrated and meaningful analysis. Population data used in the assessment are primarily sourced from the U.S. Census Bureau, providing reliable demographic context for the findings.

Additional secondary data sources may also be utilized to supplement the analysis and are appropriately referenced within the document. This integration of multiple data streams enhances the validity and depth of the CHNA, supporting a comprehensive understanding of the community's health landscape.

Health Needs Identification Methodology

The Center for Social Research at North Dakota State University was engaged to develop the list of significant health needs for each community, continuing their involvement from the previous CHNA cycle. The following methodology was employed to ensure a robust and data-driven analysis:

1. Stratification of Survey Data

Survey data was stratified into representative groups based on population size: large urban communities, medium-sized communities, and rural communities. Each group was analyzed separately to account for varying demographics and health needs. For example, Bismarck, ND, was grouped with Fargo, ND, and Sioux Falls, SD, as part of the large urban category.

2. Comparison to Stratified Averages

To identify potential health needs, the average score for each survey question within a community was compared to the composite stratified average of its peer group. For instance, if the system-wide composite score was 4.0 and a community's average response was 2.5, it signaled an issue of concern and a potential health care need to be highlighted in the findings.

3. Integration of Secondary Data

Secondary data from County Health Rankings and open-ended survey responses were used to provide additional insights into the drivers of identified strengths and needs. This dual approach enriched the analysis and ensured comprehensive findings.

4. Cross-Referencing Data Sources

Similar methodologies were applied to analyze County Health Rankings data, with relevant health needs highlighted alongside survey findings. Health needs identified through either the survey or County Health Rankings—but not both—were also included in the final findings to provide a complete picture.

5. **Validation Process**

The Center for Social Research ensured accuracy and reliability of the findings by engaging two internal reviewers. These reviewers independently analyzed the data using their unique methodologies to:

- Verify the accuracy of coding and syntax.
- Review output data for consistency and context.
- Ensure the accurate representation of findings in the report.
- Check verbiage, readability, and alignment with the overall context of the CHNA.

Both reviewers had prior experience with previous CHNA reports, further strengthening the validation process. This rigorous methodology ensured that the identified significant health needs were grounded in reliable data and robust analysis, providing a strong foundation for community health improvement strategies.

Community Asset Mapping

Asset mapping was conducted to find the community resources available to address the assessed needs. Each unmet need was researched to determine what resources were available to address the needs. Community assets are detailed in the appendix of this document.

Community Health Needs Assessment Key Findings

The survey used in the Community Health Needs Assessment (CHNA) primarily employed a 5-point Likert scale to assess residents' perceptions of community and personal health issues.

Here's how the scale was structured:

- 1 = Poor Indicates significant issues or challenges requiring improvement.
- 2 = Fair Reflects concerns or moderate dissatisfaction.
- 3 = Good Suggests acceptable but improvable conditions or services.
- 4 = Very Good Represents a well-functioning area with minor room for enhancement.
- 5 = Excellent High satisfaction, optimal performance, requiring minimal or no attention.

This rating system was used across multiple domains, such as healthcare access, childcare, affordable housing, and environmental health. Respondents were also asked to explain their ratings in open-ended questions, providing qualitative insights into their choices. The CHNA highlighted critical health concerns affecting residents of Burleigh and Morton Counties.

Top Concerns Identified through Survey

Affordable Housing

- The lowest-rated issue, with an average score of 2.08.
- Housing prices exceed earnings, with 10% of households experiencing severe housing problems and 9% spending more than 50% of income on housing.
- The need for affordable family homes and senior housing was highlighted.

Mental Health and Substance Abuse

- Mental health is among the top three community concerns.
- Residents average 3.7 mentally unhealthy days per month, and 12% experience 14 or more days of mental distress monthly.
- Suicide rates are 17 per 100,000, and drug overdose rates are 9 per 100,000.
- A significant need exists for behavioral health services (70%) and addiction treatment (44%).

Public Transportation

- Rated 2.58 out of 5, with concerns about limited routes, high cost of rideshare services, and inconvenient schedules.
- Transportation barriers contribute to missed medical care, with 11% citing transportation as the reason for not accessing services.

Quality Childcare

- Rated 2.94 out of 5, with concerns about limited capacity, restricted options, and high costs.
- Households spend 26% of income on childcare, far exceeding the 7% affordability threshold recommended by the U.S. Department of Health and Human Services.

Long-Term Senior Care

- Rated 2.98 out of 5, with 32% of respondents describing care quality as poor or fair.
- Staffing shortages and inadequate training are significant issues.
- 26% of respondents identified long-term care as a service needing improvement.

Access to Healthcare Providers and Quality Care

- Healthcare access most significant issue, yet most residents rating personal access as "good."
- Challenges include long wait times, limited specialty care, and high insurance costs.
- 22% did not receive needed care in the past year, primarily due to cost and wait times.
- Services in demand include family medicine, dermatology, cancer care, and long-term care.

Access to Affordable Healthcare

- Cost of care is top concern, with high premiums and out-of-pocket expenses impacting access.
- 7% of residents are uninsured, slightly lower than the national average.
- Affordability is a barrier to preventative care, with 27% of respondents citing cost as a reason for not engaging in routine checkups.

Healthy Living

- Chronic conditions, poor nutrition, and lack of exercise are top personal health concerns.
- Key issues include obesity (34%), diabetes (8%), and excessive alcohol use (23%).
- Alcohol-impaired driving deaths account for 38% of motor vehicle fatalities, higher than peer communities.

Community Stakeholders Meeting

Community stakeholders were invited to attend a presentation of the findings of the CHNA research. On **Monday, June 19, 2024**, Community Health Stakeholders met at the Dream Center in Bismarck to review survey findings followed by facilitated discussion among small groups.

Approximately **70 stakeholders** representing various organizations were present for the Community Health Stakeholders meeting representing the following sectors:

- Healthcare/Hospitals/Public Health
- Law Enforcement
- Government Agencies
- Elected Officials
- Educational Institutions
- Service Organizations/Service Providers in the Community
- Other

Community Stakeholder Organizations Present:

- AARP North Dakota
- Alzheimer's Association MN/ND
- American Red Cross
- Annunciation Monastery
- Bismarck Burleigh Public Health
- Bismarck Police Department
- Burleigh County Housing Authority
- Centre Inc.
- CHI St. Alexius Health
- City of Bismarck
- City of Mandan
- Community Action
- Community Options
- Downtown Business Association of Bismarck
- Endeavor
- First International Bank & Trust
- Heaven's Helpers/Soup Café
- Ministry on the Margins
- Morton County Council on Aging
- Mosaic Medical Detoxification
- NATIVE, Inc
- ND Assistive
- ND Continuum of Care
- NDSU Extension Service - Burleigh County
- Northland Community Health Center
- Sanford Health
- The Banquet
- UND Center for Family Medicine
- United Tribes Technical College
- United Way Center for Opportunity
- University of Mary
- West Central Human Services
- Western Morton County Aging
- YMCA

Community Stakeholder Organizations Not Present:

- Abused Adult Resource Center
- Bis-Man Transit
- Bismarck Early Childhood Education Program
- Bismarck Mandan Chamber of Commerce
- Bismarck Ministerial Association
- Bismarck Parks & Rec
- Bismarck Public Schools
- Bismarck State College
- Blue Cross Blue Shield of ND
- Burleigh County
- Burleigh County Human Service Zone
- Burleigh County Senior Center
- Century Baptist
- Charles Hall Youth & Family Services
- Childcare Aware of North Dakota
- Choice Financial
- City of Glen Ullin
- City of Hebron
- City of Lincoln
- City of New Salem
- Community Healthcare Association of Dakotas
- Dakota Center for Independent Living
- Flasher Public School
- Glen Ullin Ambulance
- Glen Ullin Family Medical Clinic
- Glen Ullin Pharmacy
- Glen Ullin Public School
- Good Samaritan Society
- Heartview Foundation
- Hebron Ambulance
- Hebron Public School
- HIT, Inc
- Little Heart School
- Mandan Parks and Recreation
- Mandan Police Department
- Mandan Public Schools
- Marian Manor Healthcare Center
- Mental Health America of North Dakota
- Metro Ambulance
- MHA Nation
- Missouri Valley Homeless Coalition
- Morton County NDSU Extension
- Morton County Sheriff's Department
- Morton Mandan Public Library
- ND Department of Health & Human Services
- ND Long Term Care Association
- NDSU School of Nursing
- New Freedom Center
- New Salem Almont School District
- North Dakota Indian Affairs Commission
- North Dakota Public Health Association
- North Dakota Women's Network
- Salvation Army
- Seventh Day Adventist Church
- Spirit of Life Ministry & Outreach
- Sweet Briar School
- Sweet Creations
- Tellmann's Market
- Three Affiliated Tribes
- Three Rivers Human Service Zone
- Vulnerable Adult Protective Services
- Welcome House
- West Central Human Services
- Youth Works

Prioritization of Needs

Community Health Stakeholders assisted in prioritizing needs identified through the assessment process. Participants were asked if any urgent needs were missing from the survey findings. They were then asked to rank the identified needs in order of importance.

Community Stakeholders prioritized the needs as follows:

1. Mental/Behavioral Health
2. Affordable/Safe/Accessible Housing
3. Access to Affordable Healthcare
4. Quality Childcare
5. Access to Public Transportation
6. 24/7/365 Low Barrier Emergency Shelter
7. Long-term Senior Care
8. Social/Medical Detoxification Services
9. Healthy Living/Healthy Aging
10. Access to Specialty Healthcare Services
11. Residential Support Services

Following this process, representatives Bismarck-Burleigh Public Health, and Western Plains Public Health, CHI St. Alexius Health and Sanford Health convened to determine the priority needs to include in their respective plans. These priority needs were selected based on several factors, including:

- Insights from primary and secondary data sources.
- Feedback from the community stakeholder meeting.
- The capacity and scalability of existing hospital and public health programs and resources to address the identified needs efficiently and effectively.

Mental and Behavioral Health was identified as the top priority by stakeholder meeting participants. Group discussions emphasized key drivers of this need within the community, including:

- Substance Abuse Impact: Increased utilization of emergency rooms and the burden on law enforcement due to drug-related calls.
- Housing Instability: The connection between mental health challenges and individuals experiencing housing insecurity.
- Financial Strain: Economic pressures and other social determinants of health contributing to mental health and substance abuse issues.

Participants also highlighted the importance of early intervention and fostering partnerships among healthcare providers, community organizations, and other stakeholders to address these challenges comprehensively.

As a result, mental health and substance abuse were selected by hospital and public health representatives as a priority need to be addressed in their respective implementation and strategic plans.

2025-2027 Bismarck-Burleigh Public Health Priorities

Bismarck-Burleigh Public Health will address the following health needs through the department's strategic plan for 2025-2027.

- **Mental Health/Behavioral Health**
- **Healthy Living/Disease Prevention**
- **Access to Affordable Healthcare**

Goals and objectives will be identified through the department's strategic plan compiled in a separate document and presented and approved by the boards of health for the City of Bismarck and Burleigh County.



Missouri River Heritage Mural, Bismarck, ND

Appendix

Primary Research

[2024 CHNA Survey Template](#)

[2024 Survey Results](#)

Secondary Research

[2022 County Health Rankings – North Dakota Summary Report](#)

[2019 Burleigh County Community Health Profile](#)

Asset Mapping

[Asset Mapping Document](#)

Thank you for your interest in the Community Health Needs Assessment. Your confidential responses are vital to helping understand the factors driving the health needs of the community.

RESIDENCE

Please enter your county of residence: _____

Please enter your zip code: _____

What is your current age? _____

COMMUNITY

How would you rate the quality of HEALTH CARE available in your community?

Poor

Fair

Good

Very Good

Excellent

Don't Know

In your opinion, what is the most important HEALTH CARE issue your community faces?

How would you rate the quality of LONG-TERM CARE, NURSING HOMES & SENIOR HOUSING services in your community?

Poor

Fair

Good

Very Good

Excellent

Don't Know

Why did you give it that rating?

How would you rate the quality of CHILDCARE, DAYCARE & PRE-SCHOOL services in your community?

Poor

Fair

Good

Very Good

Excellent

Don't Know

Why did you give it that rating?

How would you rate the availability of AFFORDABLE HOUSING in your community?

- Poor Fair Good Very Good Excellent Don't Know

Why did you give it that rating?

How would you rate the ability of residents to ACCESS DAILY TRANSPORTATION in your community?

- Poor Fair Good Very Good Excellent Don't Know

Why did you give it that rating?

How would you rate your community's EMPLOYMENT & ECONOMIC OPPORTUNITIES?

- Poor Fair Good Very Good Excellent Don't Know

Why did you give it that rating?

How would you rate your community as being a SAFE place to live?

- Poor Fair Good Very Good Excellent Don't Know

Why did you give it that rating?

How would you rate the ENVIRONMENTAL health of your community?

(clean air, clean water, etc.)

Poor

Fair

Good

Very Good

Excellent

Don't Know

Why did you give it that rating?

How would you rate the ability of residents to access HEALTHY & NUTRITIONAL FOODS in your community?

Poor

Fair

Good

Very Good

Excellent

Don't Know

Why did you give it that rating?

How would you rate the ability of residents to access PHYSICAL ACTIVITY & EXERCISE OPPORTUNITIES in your community?

Poor

Fair

Good

Very Good

Excellent

Don't Know

Why did you give it that rating?

YOUR HEALTH AND WELLNESS

Overall, how would you rate YOUR current state of health & wellness?

Poor

Fair

Good

Very Good

Excellent

Don't Know

What is the biggest HEALTH CARE concern you or your family face on a regular basis?

Are there any health care services that you would like to see OFFERED or IMPROVED in your community?

- Yes Please answer next question
- No Skip to 'Your Health Care Usage' section

Please select the health care services you would like to see OFFERED or IMPROVED in your community. (Select all that apply)

- | | |
|--|--|
| <input type="radio"/> Addiction Treatment | <input type="radio"/> Heart Care |
| <input type="radio"/> Behavioral Health / Mental Health | <input type="radio"/> Labor and Delivery |
| <input type="radio"/> Cancer Care | <input type="radio"/> Long-Term Care / Nursing Homes |
| <input type="radio"/> Chiropractic Care | <input type="radio"/> Orthopedics and Sports Medicine |
| <input type="radio"/> Dental Care | <input type="radio"/> OBGYN / Womens' Care |
| <input type="radio"/> Dermatology | <input type="radio"/> Pediatrics / Childrens' Care |
| <input type="radio"/> Emergency / Trama | <input type="radio"/> Walk-in / Urgent Care |
| <input type="radio"/> Eye Services (<i>Ophthalmology, Optometry</i>) | <input type="radio"/> Other (<i>please specify</i>): |
| <input type="radio"/> Family Medicine / Primary Care | |
| <input type="radio"/> General Surgery | |

YOUR HEALTH CARE USAGE

Do you currently have a primary care physician or provider who you go to for general health issues?

- Yes No

How long has it been since you last visited a physician / provider for a routine check up or screening?

- | | |
|---|---|
| <input type="radio"/> Within the past year | <input type="radio"/> More than 5 years ago |
| <input type="radio"/> Within the past 2 years | <input type="radio"/> Never |
| <input type="radio"/> Within the past 5 years | |

What has kept you from having a routine check-up? (Select all that apply)

- | | |
|--|--|
| <input type="radio"/> Cost/Inability to Pay | <input type="radio"/> No child care |
| <input type="radio"/> COVID-19 | <input type="radio"/> Wait time for appointments are too long |
| <input type="radio"/> Don't feel welcomed or valued | <input type="radio"/> Clinic hours are not convenient |
| <input type="radio"/> Don't have insurance | <input type="radio"/> Fear / I do not like going to the doctor |
| <input type="radio"/> My insurance is not accepted | <input type="radio"/> Nothing / I do not need to see a doctor |
| <input type="radio"/> Lack of transportation | <input type="radio"/> Don't have a primary care physician |
| <input type="radio"/> Distance / lack of local providers | <input type="radio"/> Other (please specify): |
| <input type="radio"/> Getting time off from work | |

How would you rate your current ability to ACCESS health care services?

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Poor | Fair | Good | Very Good | Excellent |
| <input type="radio"/> |

Why did you give it that rating?

In the past year, did you or someone in your family need medical care, but did not receive the care needed?

- Yes No Unsure

What are the reasons you or a family member did not receive the care needed?

- | | |
|--|--|
| <input type="radio"/> Cost/Inability to Pay | <input type="radio"/> No child care |
| <input type="radio"/> COVID-19 | <input type="radio"/> Wait time for appointments are too long |
| <input type="radio"/> Don't feel welcomed or valued | <input type="radio"/> Clinic hours are not convenient |
| <input type="radio"/> Don't have insurance | <input type="radio"/> Fear / I do not like going to the doctor |
| <input type="radio"/> My insurance is not accepted | <input type="radio"/> Nothing / I do not need to see a doctor |
| <input type="radio"/> Lack of transportation | <input type="radio"/> Don't have a primary care physician |
| <input type="radio"/> Distance / lack of local providers | <input type="radio"/> Other (please specify): |
| <input type="radio"/> Getting time off from work | |

TRAVELING FOR CARE

Have you or a member of your family TRAVELED to receive health care services outside of your community within the past 3 years?

- Yes No

If yes, Where did you travel to? (If you traveled more than once, enter the most recent place you traveled to?)

City _____ State _____

What was the main reason you traveled for care? (select all that apply)

- | | |
|---|--|
| <input type="radio"/> Referred by a physician | <input type="radio"/> Immediate / faster appointment |
| <input type="radio"/> Better / higher quality of care | <input type="radio"/> On vacation / traveling / snowbirds |
| <input type="radio"/> Medical emergency | <input type="radio"/> Cost or insurance coverage |
| <input type="radio"/> Needed a specialist / service was not available locally | <input type="radio"/> Don't feel welcomed or valued by local providers |
| <input type="radio"/> Second opinion | |

Other (please specify)

YOUR HEALTH INSURANCE

Do you currently have health insurance?

- Yes No

Please indicate the source of your health insurance coverage.

- Employer (Your employer, spouse, parent, or someone else's employer)
- Individual (Coverage bought by you or your family)
- Federal Marketplace (Minnesota Care / Obamacare / Affordable Care Act)
- Medicare
- Medicaid
- Military (Tricare, Champus, VA)
- Indian Health Service (IHS)

Other (please specify)

DEMOGRAPHICS

What is your sex?

- Male Female Prefer not to answer

Do you, personally, identify as lesbian, gay, bisexual, transgender or queer?

- Yes No Prefer not to answer

How many people live in your house, including yourself? _____

How many children under age 18 currently live with you in your household? _____

Are you Spanish, Hispanic, or Latino in origin or descent?

- Yes No

What is your race? *(Select all that apply)*

- American Indian or Alaska Native
 Caucasian or White
 Asian
 Native Hawaiian or Pacific Islander
 Black or African American
 Other *(please specify)*

How long have you been a US Citizen?

- I am not a US citizen
 • Are you planning to become a US citizen? Yes No Prefer not to answer
 0 - 5 years
 6 - 10 years
 More than 10 years

What language is spoken most frequently in your home? _____

What is your current marital status?

- | | |
|--|---------------------------------|
| <input type="radio"/> Married | <input type="radio"/> Divorced |
| <input type="radio"/> Single, never married | <input type="radio"/> Widowed |
| <input type="radio"/> Unmarried couple living together | <input type="radio"/> Separated |

Which of the following best describes your current living situation?

- House (*owned*)
- Homeless
- Apartment or House (*rental*)
- Some other arrangement

What is your primary mode of daily transportation?

- Automobile/Truck (*owned or leased*)
- Walk
- Online Ride Service (*Uber / Lyft*)
- Bicycle
- Taxi Service
- Family, Friends or Neighbors
- Public Transportation (*bus / subway / rail*)
- I do not have a primary mode of daily transportation

Other (*please specify*)

What is the highest level of school you have completed or the highest degree you have received?

- Less than high school degree
- High school graduate (*high school diploma or equivalent including GED*)
- Some college but no degree
- Associate degree in college (*2-year*)
- Bachelor's degree in college (*4-year*)
- Master's degree
- Doctoral degree
- Professional degree (*JD, MD*)

Your current employment status is best described as:

- Employed (*full-time*)
- Not employed, looking for work
- Employed (*part-time*)
- Not employed, not looking for work
- Self-employed
- Retired
- Furloughed
- Disabled or unable to work

What is your total household income from all sources?

- Less than \$20,000
- \$50,000 - \$74,999
- \$20,000 - \$24,999
- \$75,000 - \$99,999
- \$25,000 - \$29,999
- \$100,000 - \$199,999
- \$30,000 - \$34,999
- \$200,000 or more
- \$35,000 - \$49,999

Thank you for completing the survey. Your responses ensure more accurate and targeted solutions to address identified health issues.



THE COMMUNITY HEALTH NEEDS ASSESSMENT

FOR YOUR HEALTH.
FOR YOUR NEIGHBOR.
FOR YOUR COMMUNITY.



Why do a CHNA?

Improve population health and quality of life

- Close equity gaps and remove barriers
- Identify resources, opportunities, partnerships

Align findings to enhance care delivery

- Strategic planning, resource allocation, and operations

IRS 990 requirement

- Non-profit hospitals, every three years
- Include input from community
- Adopt strategies to address significant needs
- Make results available to the public



CHNA Overview

This is a partnership between multiple health organizations. In the Bismarck area, Bismarck-Burleigh Public Health, Western Plains Public Health, CHI St. Alexius Health, and Sanford Health all work together on this important community health initiative.



Identified Needs

Community Survey

Mixed Mode

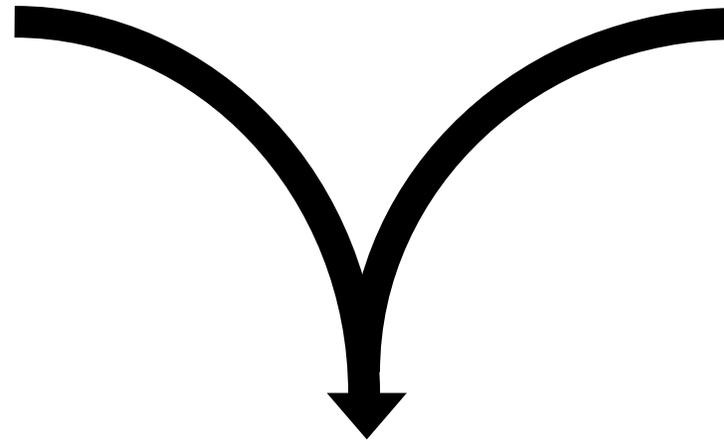
- Online panel
- Stakeholder distribution
- Paid and earned media promotion

Open October - December

1,118 Total Responses

Survey Structure

- Aligned to social determinants of health
- Combination scored responses and open-ended questions



Health Needs Assessment

Research Partner: NDSU
Center for Social Research

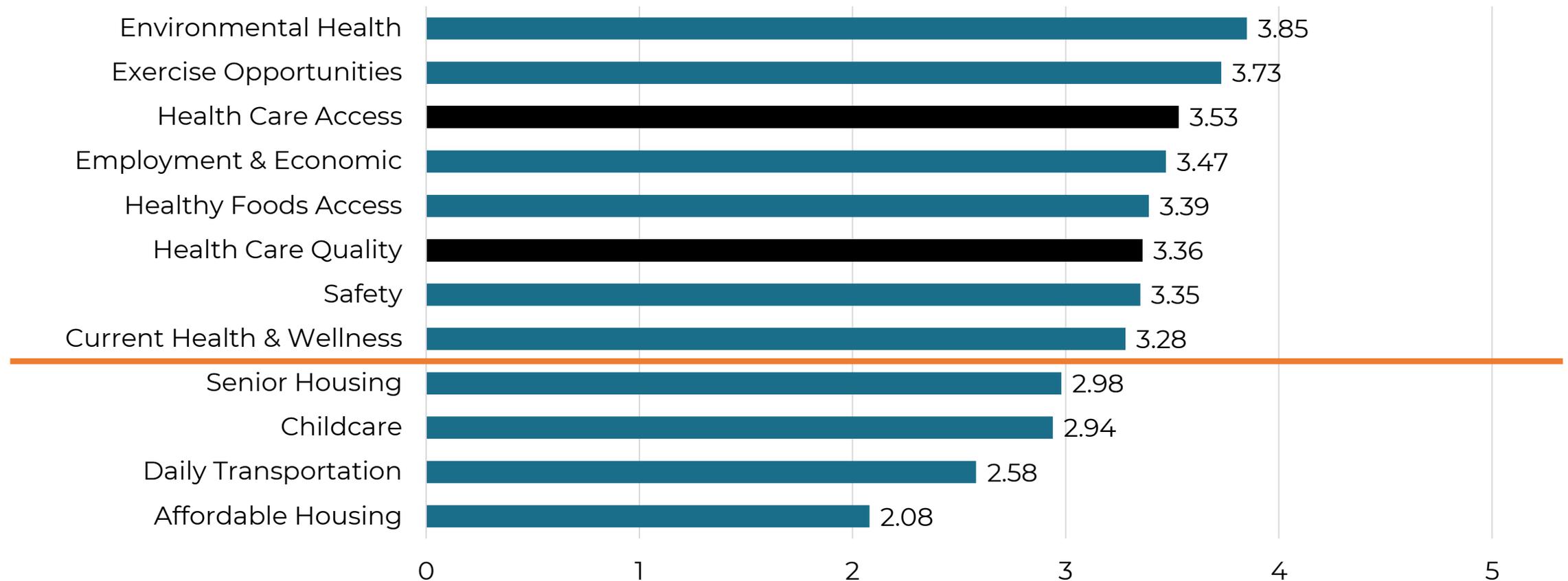
Secondary Sources



- Overall health outcomes
- Length of life
- Quality of life
- Overall health factors
- Health behaviors
- Clinical care
- Social and economic factors
- Physical environment

“Good - Very Good” Access and Quality

Healthcare access outperforms quality in the area.



Identified Needs

Access to Health Care Providers and Quality Care

Access to Affordable Health Care

Healthy Living

Mental Health

Long-Term Senior Care

Quality Child Care

Public Transportation

Affordable Housing



Access to Providers and Quality Care

Access is the most important health care issue impacting community even though personal access is rated high.

14% rated their access as poor or fair. Reasons:

- Long wait times
- Limited specialty care
- Health insurance costs

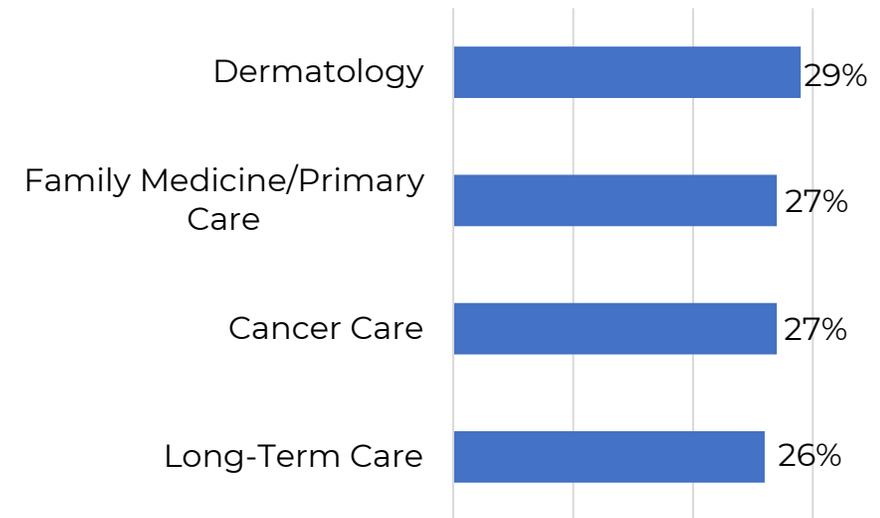
22% did not receive needed care with cost and long wait times the reason (40% each).

15% do not have a primary care provider.

32% traveled for care

- Not available locally: 72%
- 30% wanted better or higher quality care

Services to offer or improve locally:



Access to Affordable Health Care

Cost and the ability to afford needed health care identified as the top health care concerns that respondents face on a regular basis.

Health insurance premiums and out-of-pocket costs cited as top reasons for rating personal health care access as poor or fair.

PCP utilization at 85% and 87% get routine checkups.

- Inability to afford care main driver for not engaging in preventative care (27%)

22% did not receive medical care in past year, with 40% citing cost and wait times

Community

7% of residents uninsured

For comparison:

5% of MN residents uninsured

9% of ND residents uninsured

10% of U.S. citizens uninsured

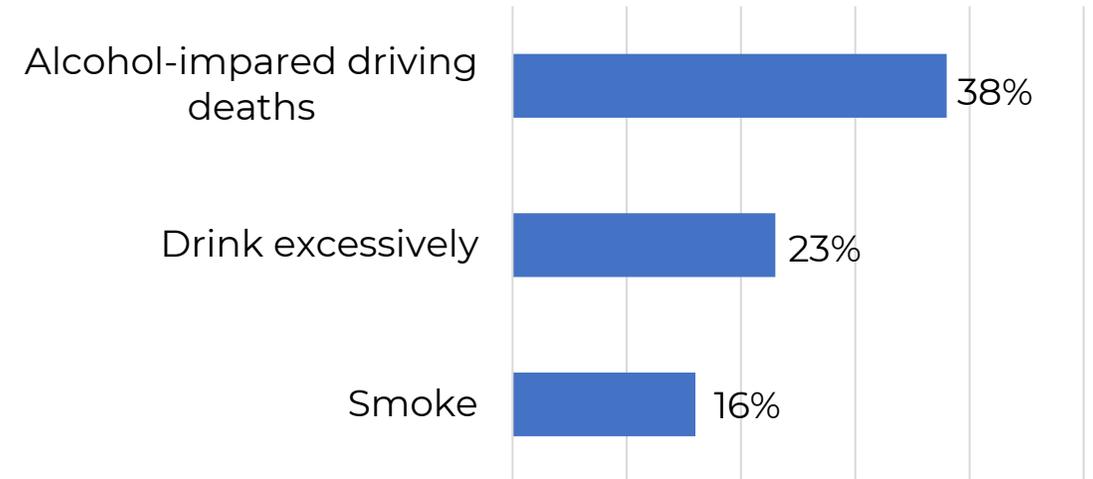
Healthy Living

Chronic health issues, diet, and exercise were the top health concerns noted by respondents as concerns for their own health, along with affordability.

Top concerns noted include:

- Weight loss
- Diabetes
- Obesity
- Heart

Community Prevalence



Mental Health

One of the top 3 of issues impacting community as a whole.

Among top 4 concerns cited that families face on a regular basis.

Services to offer or improve*:

- 70% Behavioral/Mental Health
- 44% Addiction Treatment

*Among those indicating services need to be offered or improved.

- Adults average 3.7 mentally unhealthy days per month
- 12% of adults average at least 14 mental distress per month (highest among peer group)
- 17 suicides per 100,000
- 9 drug overdoses per 100,000
- 1 mental health provider: 437 people
 - National 1 : 320
 - MN 1 : 300
 - ND 1: 450

Long-Term Senior Care

Respondents rated the quality of long-term care, nursing homes, and senior housing as less than good (2.98 / 5.0).

One in three respondents rated the quality as poor or fair (32%).

Drivers of low ratings: overall staffing shortage and inadequately trained staff.

One in four indicated LTC as a service to offer or improve.*

*Among those indicating services need to be offered or improved.

By 2030, all baby boomers — that's about 73 million people — will be older than age 65, according to the United States Census Bureau.

Quality Child Care

Rated 2.94 out of 5.0 which is considered below average.

Factors cited include limited capacity, restricted care options, and costs.

New need identified via the survey this cycle.

Average Bismarck household spent 26% of income on childcare. This is nearly **4X** the recommended affordability threshold.

(U.S. Department of Health and Human Services consider affordability threshold to be 7%)

Affordable Housing

Lowest rated issue at 2.08 out of 5.0.

Comments suggested that housing prices in the community far exceed average earnings and that wages have not kept pace with inflation and the higher cost of living in the area.

Newer housing is focused on high density units for a wealthier market. More options are needed for families attempting to purchase a first home and for seniors finding affordable living options.

10% of area households have severe housing problems.

National: 17%

MN: 13%

ND: 12%

9% of households spend 50%+ on housing costs, this is considered a severe housing cost burden.

National: 14%

MN: 11%

ND: 10%

Identified Needs

Access to Health Care Providers and Quality Care

Access to Affordable Health Care

Healthy Living

Mental Health

Long-Term Senior Care

Quality Child Care

Public Transportation

Affordable Housing



LOCAL ASSET MAPPING: BISMARCK-MANDAN AREA

Please note this list reflects a snapshot in time and may not be inclusive of all resources available in the community.

Health Care Provider Resources:

- Sanford Medical Center, 300 N 7th St, Bismarck
- CHI St. Alexius Health Bismarck Medical Center, 900 E Broadway Ave, Bismarck
- Vibra Hospital of the Central Dakotas, 2nd & 3rd Floors, 1000 18th St NW, Mandan
- Sanford Children's Hospital, 300 N 7th St, Bismarck
- Sanford North Walk-in Clinic, 3318 N 14th St, Bismarck
- Sanford Downtown Walk-in Clinic, 225 N 7th St, Bismarck
- Essentia Health-Mid Dakota Clinic, 401 N 9th St, Bismarck
- Essentia Health-Mid Dakota Clinic Gateway Mall Pediatrics, 2700 State St Unit A5, Bismarck
- TODAY Clinic Primecare, 401 N 9th St, Bismarck
- Essentia Health-Mid Dakota Women's Center, 1000 E Rosser Ave, Bismarck
- Sanford Fifth & Broadway Clinic, 515 E Broadway Ave, Bismarck
- CHI St. Alexius Health Pinehurst Clinic, 921 W Interstate Ave, Bismarck
- Health Care Provider Resources Cont.: •Sanford East Interstate Ave Clinic, 1800 E Interstate Ave
- Essentia Health-Mid Dakota Bismarck Kirkwood Clinic, 727 Kirkwood Mall, Bismarck
- Sanford South Clinic, 1040 Tacoma Ave, Bismarck
- Hughes J Md- St. Alexius Specialty Clinic, 900 E Broadway Ave, Bismarck
- Northland Health Center, 914 S 12th St Ste 101, Bismarck
- Sanford State Street Clinic, 3318 N 14th St, Bismarck
- Sanford East Mandan Clinic, 102 Mandan Ave, Mandan
- Sanford Clinic, 222 N 7th St, Bismarck
- Sanford North Mandan Clinic, 910 18th St NW, Mandan
- SONTAK Family Clinic PLLC, 4023 State Street Ste 60, Bismarck
- Dermatologic Surgery/cosmetic, 2700 State St, Bismarck
- Sanford North Dermatology Clinic, 2830 N Washington St, Bismarck

Affordable Insurance Coverage Resources:

- Sanford Health Plan, 1833 E Expressway, Bismarck
- ND Department of Insurance, 600 E. Blvd. Ave., Bismarck
- Medicaid – Burleigh Co. Social Services, 415 E. Rosser Ave., Bismarck
- Homeless Coalition, 1684 Capitol Way, Bismarck
- Prime Care Select, 900 E. Broadway Ave., Bismarck
- Bridging the Dental Gap, 1223 S. 12th St. #1, Bismarck

Affordable Prescription Drugs Resources:

- ND RX Card, NorthDakotaRXCard.com
- ND Prescription Drug Repository Program, 1838 E. Interstate Ave Ste D., Bismarck
- Needy Meds, NeedyMeds.org
- Partnership for Prescription Assistance, PPARX.org
- ND Assn. for the Disabled, 1012 S. 12th St., Bismarck

Affordable Healthcare Resources:

- Northland Community Health Center Bismarck 914 S 12th St. Suite 101 Bismarck, ND 58504
- N.D. Medicaid, 600 E. Blvd. Ave. #325, Bismarck
- Sanford Patient Navigators, 300 N. 7th St., Bismarck
- Custer Family Planning, 701 E. Rosser Ave., Bismarck
- Joanne's Clinic, 1800 E. Broadway Ave., Bismarck
- UND Ctr. for Family Medicine, 701 E. Rosser Ave., Bismarck

Affordable Healthcare Resources Cont.:

- Sanford's Medical Home Program, 300 N. 7th St., Bismarck
- Mid Dakota Clinic Medical Home Program, 401 N 9th St, Bismarck
- Sanford Case Managers/Social Workers/Parish Nurses, 300 N, 7th St., Bismarck
- CHI St. Alexius Case Management/ Social Workers, 900 E. Broadway, Bismarck
- Bridging the Dental Gap, 1223 S. 12th St. #1, Bismarck
- Ronald McDonald Mobile Clinic, 609 N. 7th St., Bismarck
- Blue Cross Member Advocate Program, 1- 800-342-4718
- Caring for Children, 600 E. Blvd. Ave., Bismarck
- Jerene's Wish/Warford Orthodontics, 1145 W. Turnpike Ave., Bismarck
- ND Assn. for the Disabled, 1014 S. 12th St., Bismarck
- Experience Health ND (ND Dept. of Health), 600 E. Blvd. Ave., Bismarck
- Bismarck-Burleigh Public Health, 407 S 26th St., Bismarck
- Western Plains Public Health, 403 Burlington St. SE, Mandan
- Aid, Inc., 314 W. Main St., Mandan
- Burleigh Co. Senior Adults, 315 N. 20th St., Bismarck
- Burleigh Veterans Services, 221 N. 5th St., Bismarck
- Prescription Connection, 1640 Burnt Boat Dr., Bismarck
- Salvation Army, 601 S. Wash. St., Bismarck
- United Tribes Technical College, 3315 University Dr., Bismarck
- The GODS CHILD Project, 721 Memorial Hwy, Bismarck

Drug, Alcohol & Smoking Resources:

- ACS Crisis Residential, 3230 E. Thayer Ave., Bismarck
- ADAPT, Inc., 1720 Burnt Boat Dr., Bismarck
- Alcoholics Anonymous (many locations to choose from)
- Heartview Foundation, 101 E. Broadway Ave., Bismarck
- New Freedom Center, 905 E. Interstate Ave., Bismarck
- Sanford Health Behavioral Health, 414 N. 7th St., Bismarck
- CHI St. Alexius, 900 E. Broadway Ave., Bismarck
- Village Family Services, 2207 E. Main Ave., Bismarck
- West Central Chemical Dependency Program, 1237 W. Divide Ave., Bismarck
- Whole Person Recovery Center, 1138 Summit Blvd., Bismarck
- Bismarck Burleigh Public Health, 407 S 26th St., Bismarck
- Western Plains Public Health, 403 Burlington St. SE, Mandan, ND
- First Link, 4357 13th Ave. S. Ste 107L, Bismarck
- Teen Challenge, 1406 2nd St. NW, Mandan
- Hope Manor, PO Box 1301, Bismarck
- Bismarck-Mandan Face it Together (no physical address)

Wellness Resources:

- Sanford Health Dietitians, 300 N 7th St, Bismarck
- CHI St. Alexius Dietitians, 900 E Broadway, Bismarck
- Sanford Wellness Center Exercise Physiologist/specialists, 2700 46th Ave SE, Mandan
- Sanford Health Providers, 300 N 7th St., Bismarck
- Proximal 50 Life Center, 1151 W Divide Ave, Bismarck
- CrossFit Tertiary, 3138 N 10th St Suite #3B, Bismarck
- Big Muddy CrossFit, 1200 Industrial Dr Suite 2, Bismarck
- PDW Fitness, 2000 Schafer St, Bismarck
- BSC Aquatic & Wellness Center, 1601 Canary Ave, Bismarck
- Family Wellness/Sanford Wellness Center, 2700 46th Ave SE, Mandan
- Anytime Fitness, 141 Ivy Ave, Bismarck
- Anytime Fitness, 4600 N 19th St., Bismarck
- Anytime Fitness, 408 1st St. NW, Mandan
- Planet Fitness, 2700 State St, Bismarck
- Verge Fitness, 517 S 5th St, Bismarck
- Lincoln Fitness, 109 McDougall Dr #3, Lincoln
- Proximal 50 Downtown, 201 W Broadway Ave, Bismarck
- Solidcore, 1001 W Interstate Ave Suite 104, Bismarck
- Capital Racquet & Fitness Center, 3200 N 10th St, Bismarck
- Missouri Valley Family YMCA, 1608 N Washington St, Bismarck
- Ice Dragon Brazilian Jiu-Jitsu and Kickboxing, 1341 S 20th St, Bismarck
- Bismarck Brazilian Jiu-Jitsu, 1818 E Broadway Ave, Bismarck
- Soul Haven Studio, 209 W Main Ave, Bismarck
- Sanford POWER Center, 3451 N 14th St Suite C, Bismarck
- Bis-Man Krav Maga, 725 Memorial Hwy, Bismarck

Hunger/Healthy Food Resources:

- Carrie's Kids, 1223 S. 12th St. #3, Bismarck
- United Way, 515 N. 4th St., Bismarck
- Great Plains Food Bank, 1315 S 20th St., Bismarck
- The Banquet at Dream Center, Park Ave, Bismarck
- Spirit of Life Church Food Pantry, 801 1st St. SE, Mandan
- Ministry on the Margins, 201 N. 24th St., Bismarck
- All Nations Assembly of God, 121 48th Ave. SE, Bismarck
- Bismarck Emergency Food Pantry, 1012 S 12th St, Bismarck
- Community Action Program, 2105 Lee Ave., Bismarck
- Corpus Christi Church, 1919 N. 2nd St., Bismarck
- Faith Center, 2303 E. Divide, Bismarck
- Salvation Army, 601 S. Wash. St., Bismarck
- Hope on the Horizon, 529 Memorial Hwy., Bismarck
- Love Your Neighbor Food Pantry, 4909 Shelburne St., Bismarck
- River of Hope, 1996 43rd Ave. NE., Bismarck
- Heaven's Helpers Soup Café, 220 N. 23rd St., Bismarck
- United Tribes Technical College Community Meal, 3315 Univ. Dr., Bismarck
- SNAP, 415 E. Rosser Ave., Bismarck
- WIC, 2400 E. Bdwy St., Bismarck
- Abundance of Grace Food Pantry, 4209 Old Red Trail, Mandan
- Riverside School, 406 S. Anderson St., Bismarck

- Family Fare Supermarket, 835 S. Wash. St., Bismarck
- Family Fare Supermarket, 3101 N. 11th St., Bismarck
- Family Fare Supermarket, 1190 Turnpike Ave. Bismarck
- Family Fare Supermarket, 3103 Yorktown Dr. Bismarck
- Family Fare Supermarket, 500 Burlington St. SE, Mandan
- Asian Market, 800 E Bowen Ave., Bismarck
- Walmart, 1400 Skyline Blvd., Bismarck
- Walmart, 1000 Old Red Trail NW, Mandan
- Walmart, 2717 Rock Island Place, Bismarck
- Target, 600 Kirkwood Mall, Bismarck
- Sam's Club, 2821 Rock Island Pl., Bismarck
- Cashwise Foods, 1144 E. Bismarck Expressway, Bismarck
- Cashwise Foods, 900 43rd Ave NE, Bismarck
- Natural Grocers, 840 S Washington St., Bismarck
- Adom African Market, 2304 E Broadway Ave, Bismarck

Drug, Alcohol & Smoking Resources:

- ACS Crisis Residential, 3230 E. Thayer Ave., Bismarck
- ADAPT, Inc., 1720 Burnt Boat Dr., Bismarck
- Alcoholics Anonymous (many locations to choose from)
- Heartview Foundation, 101 E. Broadway Ave., Bismarck
- New Freedom Center, 905 E. Interstate Ave., Bismarck
- Sanford Health Behavioral Health, 414 N. 7th St., Bismarck
- CHI St. Alexius, 900 E. Broadway Ave., Bismarck

Mental Health/Behavioral Health Resources:

- Burleigh Co. Social Services, 415 E. Rosser Ave. #113, Bismarck
- Dakota Boys & Girls Ranch, 1227 N. 35th St., Bismarck
- CHI St. Alexius EAP, 1310 E. Main Ave., Bismarck
- Mental Health America of ND, 523 N. 4th St. #2, Bismarck
- Partnerships Program (W Central Human Services), 1237 W. Divide Ave., Bismarck
- Pride, Inc., 1200 Missouri Ave., Bismarck
- Village Family Services, 2207 E. Main Ave., Bismarck
- West Central Chemical Dependency Program, 1237 W. Divide Ave., Bismarck
- Whole Person Recovery Center, 1138 Summit Blvd., Bismarck
- Bismarck Burleigh Public Health, 407 S 26th St., Bismarck
- Western Plains Public Health, 403 Burlington St. SE, Mandan, ND
- First Link, 4357 13th Ave. S. Ste 107L, Bismarck
- Teen Challenge, 1406 2nd St. NW, Mandan
- Hope Manor, PO Box 1301, Bismarck
- Heritage Recovery Center, 112 N 5th St., Bismarck
- Bismarck-Mandan Face it Together (no physical address)
- Sanford Health providers, 300 N. 7th St., Bismarck
- CHI St. Alexius providers, 900 E. Broadway, Bismarck
- The Village Family Service Center, 2207 E. Main Ave., Bismarck
- West Central Human Service Center, 1237 W. Divide Ave. #5, Bismarck
- Veterans Administration, 2700 State St. #5, Bismarck
- Northland Health Center, 914 S. 12th St. Suite 101 Bismarck 58504

Resources for the Aging Population:

- AARP, 107 W Main Ave. #125, Bismarck, ND
- Burleigh Co. Social Services, 415 E. Rosser Ave. #113, Bismarck
- Good Samaritan Home Care, 309 N. Mandan St., Bismarck
- Gracefully Aging, 1200 Missouri Ave., Bismarck
- North Dakota Long Term Care, 1900 N. 11th St., Bismarck
- Sanford Home Care, 910 18th St. NW, Mandan
- Meals on Wheels, 721 Ave. A., Bismarck
- Spectrum Home Care, 1006 E. Central Ave., Bismarck
- Missouri Slope Care Center, 2425 Hillview Ave., Bismarck
- Enable, 1836 Raven Dr., Bismarck
- Volunteer Caregiver Exchange, 600 S. 2nd St., Bismarck
- Baptist Health Care Center, 3400 Nebraska Dr., Bismarck
- ND Protection & Advocacy, 400 E. Bdwy. Ave., Bismarck
- AID Inc. (transportation), 314 W. Main St., Mandan
- Capital Area Transit (transport.), 3750 E. Rosser Ave., Bismarck
- Brandon Hts. Village, 580 Brandon Pl., Bismarck
- Crescent Manor, 410 S. 2nd St., Bismarck
- Edgewood Vista, 3124 Colorado LN, Bismarck & 3406 Dominion St., Bismarck
- Good Samaritan Society, 309 N. Mandan St., Bismarck & 301 Lorrain Dr., Bismarck
- Maple View East, 2625 N. 19th St., Bismarck
- Maple View North, 4217 Montreal St., Bismarck
- Marillac Manor, 1016 N. 28th St., Bismarck
- Patterson Place, 420 E. Main Ave., Bismarck
- Primrose Retirement Community, 1144 College Dr., Bismarck
- St. Vincent's Care Center, 1021 N. 26th St., Bismarck
- St. Gabriel's Community, 4580 Coleman St., Bismarck
- The Terrace, 901 E. Bowen Ave., Bismarck
- Touchmark, 1000 W. Century Ave., Bismarck
- Valley View Heights, 2500 Valleyview Ave., Bismarck
- BBPH Home Health Program, 407 S 26th St., Bismarck
- CHI St Alexius Palliative Care, 310 N. 9th St., Bismarck
- Custer Health, 403 Burlington St. SE, Mandan
- Alzheimer's Assn., 406 W. Main St., Mandan
- Vulnerable Adults Aging Services, 600 E. Blvd. Ave., Bismarck
- Vulnerable Adult Protective Service, 1237 W. Divide Ave., Bismarck

Childcare Resources:

- Child Care Assistance Program (CCAP), 415 E Rosser Ave, Bismarck
- Nurse-Family Partnership, 500 E Front Ave, Bismarck
- Wee Folk Childcare, 910 S 18th St, Bismarck
- All 4 You Child Care, 1824 N 11th St, Bismarck
- Kids First Child Care Center Inc, 619 N 19th St, Bismarck
- KinderKidz Bismarck, 1413 Sharloh LP, Bismarck
- First Steps Learning Center, 1910 E Capitol Ave, Bismarck
- Lil' Tots Daycare LLC, 215 W Front Ave, Bismarck
- Little Scholars Learning Center, 2921 N 19th St & 1901 Oakland Dr, Bismarck
- Little Einsteins, 3800 Nebraska Dr, Bismarck
- Super Kids Jr. Academy, 1227 Park Ave, Bismarck

- Noah's Ark Preschool/Daycare, 1550 Wichita Dr, Bismarck
- New Song Kids Care, 3200 N 11th St, Bismarck
- Door of Hope Freedom Center, 1998 43rd Ave NE, Bismarck
- Early Childhood Learning Center, 2727 N 4th St, Bismarck
- Just Like Home Family Child Care, 2415 Grant Dr, Bismarck
- Merry-Go-Round Preschool, 1004 E Highland Acres Rd, Bismarck
- YDC North, 1701 E Century Ave, Bismarck
- The Afterschool Place, 1200 E Highland Acres Rd, Bismarck
- The Enrichment Garden, 1100 Weiss Ave, Bismarck Services for at-risk youth:
- Police Youth Bureau, 700 S 9th St, Bismarck
- Charles Hall Youth & Family Services, 513 E. Bismarck Expressway, Bismarck
- Catholic Charities, 600 S 2nd St Ste 150, Bismarck

Activities for Children & Youth (outside of school & sports activities):

- CRFC KidZone, 3200 N 10th St, Bismarck
- Boy Scouts, 3320 Hamilton St #1, Bismarck
- Girl Scouts, 735 Airport Rd, Bismarck
- Public Library Programs, 515 N 5th Street, Bismarck
- Various Faith-Based Youth Opportunities

Transportation Resources:

- West River Transit, 3750 E Rosser Ave, Bismarck
- Capital Area Transit, 3750 E Rosser Ave Bismarck
- Standing Rock Public Transit, 9299 Highway 24, Fort Yates
- Bismarck Transportation Services, (701) 543-6560
- Uber, Mobile application-based service
- Lyft, Mobile application-based service

Homelessness Resources:

Missouri Valley Coalition for Homeless People List of Resources

<https://mvchp.com/resources/>

Housing:

- Breton Hts. Apts., 4001 Lockport St., Bismarck
- Alberta Hts. Apts., 4111 Lockport St., Bismarck
- Park Century Apts., 2800 Gateway Ave., Bismarck
- Ithica Heights Apts., 2820 Ithica Dr., Bismarck
- Brandon Hts. Apts., 580 Brandon Pl., Bismarck
- Westgate Apts., 2810 Gateway Ave., Bismarck
- Century East Apts., 1715 & 1823 Mapleton Ave., Bismarck
- Calgary Apts., 3310-3540 N. 19th St., Bismarck
- Century East Apts. II & III, 2909 & 3001 Ohio St., Bismarck
- Washington Hts. Apts., 2801, 2809, 2835 & 2843 Hawken St., Bismarck
- Burleigh Co. Housing Authority, 410 S. 2nd St., Bismarck
- Morton Co. Housing Authority, 1500 3rd Ave. NW, Mandan
- ND Housing Finance Agency, 2624 Vermont Ave., Bismarck
- Standing Rock Housing Authority, 1333 92nd St., Fort Yates
- Dakota Foundation, 600 S. 2nd St. #308, Bismarck

- Community Action Program, 2105 Lee Ave., Bismarck
- Native American Development Center, 2403 E. Thayer Ave., Bismarck
- ND Housing Finance Agency, 2624 Vermont Ave., Bismarck
- Pam's House, PO Box 500, Bismarck
- New Awakenings Apts., PO Box 500, Bismarck
- VA Supportive Housing, 619 Riverwood Dr. Ste 105, Bismarck
- Supportive Housing for Veteran Families, 2105 Lee Ave., Bismarck
- AID, Inc., 314 W. Main St., Mandan
- Community Works, 200 1st Ave. NW, Mandan
- Salvation Army, 601 S. Wash. St., Bismarck
- Welcome House, 617 N 7th St., Bismarck

Employment Resources:

- Job Service North Dakota – Bismarck Workforce Center, 1601 E Century Ave, Bismarck
- Job Service North Dakota, 1000 E Divide Ave, Bismarck
- Veterans Employment Services, 1000 E Divide Ave, Bismarck
- Spherion, 1830 E Century Ave #2, Bismarck
- Dakota Staffing Solutions Inc., 1310 E Boulevard Ave #6, Bismarck
- Professional Employment Practices, 200 E Main Ave, Bismarck
- National Medical Resources, 2792 E Broadway Ave, Bismarck
- People Ready, 804 S 18th St, Bismarck
- Hirequest Direct of Bismarck, 214 N 24th St, Bismarck
- Burdick Job Corporation, 1601 E Century Ave, Bismarck
- Major Employers in descending order:
 - o State of North Dakota
 - o Sanford Health
 - o Bismarck Public School
 - o CHI St. Alexius
 - o U.S. Government
 - o City of Bismarck
 - o Bismarck State College
 - o Mandan Public School District
 - o Aetna
 - o University of Mary
 - o Housing Industry Training
 - o MDU Resources Group
 - o Bobcat/Doosan Company
 - o Missouri Slope Lutheran Care Center
 - o Basin Electric Power Cooperative
 - o Mid-Dakota Clinic
- o Family Fare
- o Missouri Valley YMCA
- o National Information Systems Cooperative (NISC)
- o Walmart's
- o Burlington Northern Railroad
- o Cloverdale Foods
- o Burleigh County
- o Baptist Home
- o Scheels Sports