



Bismarck Veterans Memorial Public Library

July 24, 2023

MEDIA ADVISORY

**FOR IMMEDIATE
RELEASE:**

Bismarck Veterans Memorial Public Library Presents Yoga for Youth

WHAT:

Join Ashtanga Vinyasa yoga instructor Angie Kambeitz as she leads yoga classes for youth on the library's labyrinth. Classes will be available for Pre-K, Junior, and Teen. If you have a yoga mat of your own, please bring it along. A supply of mats will be available to use on site. (In case of inclement weather, the classes will be moved to Meeting Room A.)

WHEN:

Tuesday, August 8, 2023
10:00 a.m. - 10:20 a.m.: Yoga for preschool/kindergarten
10:30 a.m. - 10:50 a.m.: Yoga for juniors (elementary-aged)
11:00 a.m. - 11:40 a.m.: Yoga for teens (middle and high school-aged)

WHERE:

Bismarck Veterans Memorial Public Library
Labyrinth on the North Lawn

WHO:

FREE and open to all youth with their adult guardian. Media is Invited.

**FOR ADDITIONAL
INFORMATION**

TRACI JUHALA, YOUTH SERVICES

CONTACT:

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MEDIA KIT:

<http://bismarcklibrary.org/250/For-the-Press>

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