



Quarterly Meeting
Bismarck Burleigh Public Health
Hybrid
Tuesday, May 7th, 2024
10:00 AM – 11:30 AM

Attendees: Renae Moch (BBPH), Andrea Sailer (ND Brain Injury Network), Sue Kahler (BBPH), Bea Kaiser (Bismarck Public Library), Christine Kujawa (Bismarck Public Library), Charlotte Williams (CDC Foundation), Luke Kapella (ND BCI), Jena Gullo (United Way), Isabelle Ballalatak (BBPH), Mike Ness (HIDTA), Nickie Livedalen (NDBIN), Theresa Liebsch (Vision Zero), Dick Dever (Senator), Jenn Pelster (United Way), Jason Stugelmeyer (Bismarck PD), Sara Eastman (Youthworks), Kodi Pinks (NDDHHS), Melanie Hanson (Centre Inc.), Katie Fitzsimmons (ND University System), Jen Harrington (Sanford), Doreen Eichele (Dacotah Foundation), Erin Ourada (Western Plains), Greg Storm (Community Options), Janessa Reinisch (Centre Inc.), Carrie Sorenson (Quality Health), Jess Follman (ND ARNG DDRO), Dave Draovitch (BPD), Lynden Ring (West Central), Lindsae Timm (CHI), Jacob Sutton (UTTC), Matthew McCleary (MHAND), Liz Kapella (BBPH), Jaylia Prussing (University of Mary), Wendy Hafner-Bakken (Bismarck High School, Student Coordinator), Raya Rood (Student Committee Member, BHS).

Total Attendance: 35

Welcome/Introductions:

Renae Moch, Director, Bismarck-Burleigh Public Health (BBPH)
Renae Moch welcomed participants and coordinated introductions.

Community Health Needs Assessment:

Renae Moch, Director, Bismarck-Burleigh Public Health (BBPH)
Renae provided an update on the recently completed Community Health Needs Assessment, sharing that 1,118 surveys were completed. The Community Health Stakeholders meeting will be held Monday, June 10th from 9:00 AM-11:00 AM. Renae will send the stakeholder meeting invite to the BMBHC group. The meeting will include breakout sessions discussing public health priorities for the next few years. The location of the meeting is yet to be confirmed.

Behavioral Health Division Updates:

Laura Anderson, Policy Director (NDBHHS)
Laura gave an overview of Certified Community Behavioral Health Clinics (CCBHC's). CCBHC's are non-profit clinics, that meet new standards for services to provide more and better care. Laura provided history, criteria, services, outcomes and implementation of CCBHC's. The 2023 ND Legislative Assembly gave funding to ND Health & Human Services for up to three Regional Human Services Centers. For more information, view Laura's slides: [CCBHC Slides](#) or contact Laura Anderson at lauranderson@nd.gov.

Youthworks Youth & Family Engagement Center:

Sara Eastman, Program Manager
Youthworks has opened a prevention-oriented Engagement Center. The center provides day programming from 8:00 AM-2:00 PM and summer programming from from 10:00 AM-5:00 PM beginning May 27th. Services include time for youth to do homework, structured social/emotional groups, and other activities. Eligibility for the center requires that youth not be on probation or under the custody of DJS or Human Service Center. To access these services, or learn more information, contact Sara Eastman via email or phone –701.255.6909, seastman@youthworksnd.org.
Related documents:

[YFEC Summer Referral](#)
[Summer Group Flyer](#)
[June 2024 Calendar](#)

Subcommittee Updates:

Prevention & Education Subcommittee

DFC Grant – Isabelle Ballalatak, SAP Specialist

Izzy shared DFC Grant updates with participants, including three Hidden in Plain Sight events that were hosted at area middle schools, helping over 100 parents spot signs of risky behavior in youth. Izzy announced that the Core Survey for grades 6th, 9th, and 11th in area public schools has been completed and results will be shared in the coming months. Izzy provided information on recent Student Committee activities, including peer-to-peer Elementary Alcohol Presentations, and the Senior Graduation Letters Project. Student member Raya Rood read members a few letters that a 5th grade classroom wrote to BHS seniors.

SOR Grant – Susan Kahler, SAP Coordinator

Sue provided updates for the State Opioid Response Grant. In April, Bismarck Burleigh Public Health received Opioid Naloxone Emergency Boxes. Sue displayed a box for members to see that includes a demonstration video walking through the steps to administer Narcan. The boxes will be placed in workplaces with higher turn-over rates. So far, boxes have been placed at United Way Shelter, Heaven's Helpers, Burleigh Morton Detention Center, and CaringEdge Healthcare. Sue also announced a free Narcan Training on May 16th in BBPH's Multi-Purpose room (407 S 26th St.) at 12:00 PM. To register, use this link: [Narcan Training](#). The next Take-Back Event will be May 29th at the Burleigh County Senior Center from 8:00 AM-11:30 AM.

Intoxication/Withdrawal Management Subcommittee:

Deputy Chief Jason Stugelmeyer, Bismarck Police Department

Deputy Stugelmeyer provided recent detox numbers and updates for intoxication/withdrawal management. In 2023, the BPD received 124 calls for service related to detox. So far in 2024, they have received 104 calls for service related to detox. Stugelmeyer shared that, in the last five years, there has been a steady decrease in calls for service. Stugelmeyer attributed this decrease to increased services in the community for these individuals. Stugelmeyer stated that fentanyl overdoses have been steadily decreasing. In 2022, there were 134 overdoses and 20 deaths. In 2023, there were 107 overdoses and 12 deaths. So far in 2024, there have been 36 overdoses and 3 deaths. Stugelmeyer attributed this decrease to the task-force retrieving drugs before they can be used, and the availability of Narcan. Stugelmeyer also shared that cocaine and meth use have stayed the same.

Luke Kapella, the task force coordinator shared that they have seized more fentanyl pills in the first quarter of 2024, then they had the entire year of 2023. He also mentioned that they are seeing an increase in the use of Xylazine (tranq) in the community.

Treatment & Recovery Subcommittee:

Not present, did not report.

New Members/Organizations

ND Brain Injury Network, Andrea Sailor, Resource Facilitator

Andrea shared how traumatic brain injuries (TBI's) relate to behavioral health and substance misuse. She referred to brain injuries as a "silent epidemic" because symptoms are not always immediately evident. Brain injuries can cause an increased risk of multiple conditions, including mental health diagnoses. Andrea explained the relationship between substance misuse & brain injury is cyclical, or a "chicken & egg" situation. Roughly 72% of individuals in dual treatment for substance misuse and mental illness report history of at least one traumatic brain injury. To see Andrea's slides, click here: [NDBIN Slides](#). For more information, contact Andrea at andrea.sailer@UND.edu.

Additional Comments:

Matthew McCleary, Mental Health America of North Dakota (MHAND)

Matthew shared information about MHAND's helpline. The purpose of the helpline is to help people find the mental health services they need. Services include connecting callers to a network of peers, finding mental health services, and assistance in applying for SSI/SSDI if callers are experiencing homelessness or have a mental health disorder. The helpline can be reached at 701-255-3692, or toll free at 1-888-705-5763. For more information, reach Matthew at mmccleary@ndffcmh.org.

Isabelle Ballalatak, Sap Specialist, BBPH

Izzy shared that she will be leaving Bismarck Burleigh Public Health as the Substance Abuse Prevention Specialist at the end of May, but that the coalition will still plan to meet on Tuesday, August 6th from 10:00 AM-11:30 AM.

Assignments/Next Meeting:

Tuesday, August 6th, 2024, from 10am-11:30am

Meeting Adjourned at 11:30 AM

Meeting minutes taken by: Isabelle Ballalatak

The Mission Statement:

"To lead and guide a continuum of care model to reduce substance abuse & behavioral health issues in our communities."

The Vision Statement:

"A safe, healthy, vibrant community, free of substance abuse, addiction and behavioral health issues."