

Attendees: Renae Moch (BBPH), Theresa Schmidt (BBPH), Sue Kahler (BBPH), Bea Kaiser (Bismarck Public Library), Jena Gullo (United Way), Isabelle Ballalatak (BBPH), Theresa Liebsch (Vision Zero), Brenda Otto (Sage Coulee), Verna Baker (Sage Coulee), Lee Renner (ND National Guard), Jessica (ND National Guard), Kodi Pinks (NDDHHS), Tyler Kientopf (Sanford), Brad Brown (West Central), Carrie Sorenson (Quality Health), Lynden Ring (West Central), Cathy Palczewski (Heart view), Norie Starck (Ministry on the Margins), Hayley Schaeftbauer (Ministry on the Margins), Gary Schaffer (Burleigh County Sheriff's Dept), Matthew McCleary (MHAND), Mary Gutenkauf (KX News), Jodie Fetsch (Western Plains), Liz Kapella (BBPH), Jason Tomanek (City of Bismarck), Erin Ourada (Western Plains), Jaylia Prussing (University of Mary), Elizabeth Kapella (Sanford), Ariana Best (West Central), Jacob Sutton (UTTC), Cassandra Scherr (Community Options), Wendy Hafner-Bakken (Bismarck High School, Student Coordinator).

Total Attendance: 31

Welcome/Introductions:

Renae Moch, Director, Bismarck-Burleigh Public Health (BBPH)
Renae Moch welcomed participants and coordinated introductions.

Better Bismarck Campaign:

Renae Moch, Director, Bismarck-Burleigh Public Health (BBPH)
Renae provided an update on the Better Bismarck Campaign, explaining that there are still options to donate (text **BetterBis** to 801801). The steering committee will be relaunching efforts to promote the Better Bismarck Campaign in the Spring of 2024, will call for applications in the Summer of 2024, and distribute funds to awardees in the Fall of 2024.

Community Health Needs Assessment:

Renae Moch, Director, Bismarck-Burleigh Public Health (BBPH)
Renae shared an update on the Community Health Needs Assessment Survey, explaining that it is now closed. There were 1,118 surveys completed, which is an increase from the last cycle (933). Data from the survey is now being reviewed, and the date and time for the Community Health Stakeholders Meeting will be announced at a later date.

Subcommittee Updates:

Prevention & Education Subcommittee

DFC Grant – Isabelle Ballalatak, SAP Specialist

Isabelle shared DFC Grant updates with participants, including the Natural Grocers Sticker Shock Project that was completed in January, with details from Wendy Hafner-Bakken (BHS Coordinator), the impression count from the Zero-Proof Ad Campaign with the Bismarck Tribune (123,028), and highlights from the 2024 National Leadership Forum (CADCA) in National Harbor, MD. Isabelle also shared that results from the 2023 Youth Risk Behavioral Survey will be released soon to compare data points in underage substance misuse in the Bismarck/Mandan community from 2021.

SOR Grant – Sue Kahler, SAP Coordinator

Sue gave a summary of State Opioid Response Grant priorities, explaining efforts to supply Narcan to first responders, community Narcan trainings, increasing Take Back locations, and the safe disposal of medications. Sue shared that 648 individuals received Narcan training in 2023, which is double the amount of trainings completed in 2022. Sue provided the data on how much Narcan doses were provided by

Bismarck-Mandan First Responders from January-December 2023. In 2023, 150 doses were provided and 93 lives saved and 7 fatalities. Out of the individuals who received Narcan, 4 individuals who received Narcan were under the age of 18. Sue announced that the next community Narcan training is on March 12th, 6:30 PM at the BBPH building.

New Members/Organizations

Sage Coulee Outreach, Brenda Otto (RN) & Verna Baker (RN)

Brenda and Verna are both nurses for the Sage Coulee Outreach and Wellness Facility located at 1321 Elbowoods Lane, Bismarck, ND. Sage Coulee serves all MHA, three affiliated tribal enrolled members. Brenda shared their primary focuses being health promotion, disease prevention, and community outreach and education. Sage Coulee takes referrals for services for tribal enrolled members, and also provides services for the elderly as well as prenatal/post-partum education and community screenings.

ND National Guard, Lee Renner, Drug Demand Reduction Outreach Program

Lee Renner shared information about the newly reinstalled Drug Demand Reduction Outreach Program in North Dakota. The goal of the program is to collaborate with local law enforcement agencies, community-based organizations, and coalitions to work together to prevent substance abuse.

Intoxication/Withdrawal Management Subcommittee:

Deputy Chief Jason Stugelmeyer, Bismarck Police Department

Not present, did not report.

Brad Brown, West Central Human Service Center, Emergency Crisis Services & 211/988 Call Center

Brad shared a new collaboration between West Central and law enforcement that will be continue to be implemented in the next couple of months. The new tool for law enforcement is an iPad that works as a virtual responder device for behavioral health crises, and is available to all law enforcement at no additional cost. Brad said the goal of the device is for North Dakota law enforcement to have another tool in their toolbox, especially in rural areas. Through the iPad, law enforcement can call behavioral health crisis services and receive assistance immediately for the individual in crisis. Brad shared that this will continue to be rolled out across the state.

Lynden Ring, West Central Human Service Center, Emergency Crisis Services & 211/988 Call Center

Lynden presented recent numbers for social detox at their facility on Basin Avenue. They continue to have 10 beds available for detox services. Lynden said referrals for beds come from residents walking in and requesting one, hospitals, law enforcement, and families seeking help for their loved ones. The center does daily rounding and case management, moving patients to either to a higher or lower level of care depending on the assessment of risk. In 2023, Lynden shared that the 988 crisis line received about 3,000 calls in the Fargo region. 1,829 of those calls proceeded to contact West Central mobile crisis services.

Treatment & Recovery Subcommittee:

Cathy Palczewski, Heartview, Opioid Grant Project Manager

Cathy gave an update on the Opioid Overdose Grant. A component of the grant is a partnership with hospitals in the community. Cathy said calls have been slow since November of 2023, and that Heartview staff will be convening on what next steps are, and how to better reach the community. Cathy also provided an update on the Heart program, a family-education support group for those who suffer from loved ones experiencing addiction issues. The group meets every other Tuesday, with the next meeting being February 13th. Cathy announced that Heartview was awarded Opioid settlement funds in the form of two grants. One will be focused on increasing addiction/recovery services in Western North Dakota. The other will focus on workforce development for licensed addiction counselors.

Additional Comments:**Matthew McCleary, Mental Health America of North Dakota**

Matthew shared a contract between MHAND and the Behavioral Health Division called the Consumer Family Network. Part of the contract focuses on helping individuals find mental health services. Individuals can call into the MHAND Help Line, (701) 255-3692, to receive assistance in finding services for their mental health needs & different treatment options. Individuals experiencing homelessness with a mental health condition may also call-in to receive services. For additional information, contact mmcleary@ndffcmh.com.

Carrie Sorenson, Quality Health Associates of North Dakota

Carrie shared that virtual, free, one day, mental health courses are available for LAC's, nurses, and other disciplines at Quality Health Associates. Carrie described the course as a great opportunity for professionals to get more comfortable having mental health conversations with clients. For additional information, contact csorenson@qualityhealthnd.org.

Assignments/Next Meeting:

May 7th, 2024, from 10am-11:30am

Bismarck Burleigh Public Health + Teams (Hybrid).

Meeting Adjourned at 11:15 AM

Meeting minutes taken by: Isabelle Ballalatak

The Mission Statement:

"To lead and guide a continuum of care model to reduce substance abuse & behavioral health issues in our communities."

The Vision Statement:

"A safe, healthy, vibrant community, free of substance abuse, addiction and behavioral health issues."